

Parent & Child Activity Calendar

Elementary School

Rockdale County Public Schools
Parents are Powerful



THE PARENT INSTITUTE®

Parent & Child Activity Calendar

Elementary School
Parents
make the difference!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
May 2020					1 May is National Physical Fitness and Sports Month. Plan to get some exercise with your child every day this month!	2 Celebrate National Bike Month by reviewing the "rules of the road." Talk about the importance of wearing a helmet.
3 At some time today, exchange notes with your child instead of talking.	4 When your child has a problem, give him two possible solutions and let him decide which one to choose.	5 It's Cinco de Mayo. With your child, learn about why this holiday is celebrated in Mexico.	6 Show your child a new shape today. If she already knows the basics, introduce a hexagon (six sides) or octagon (eight sides.)	7 Ask your child questions that require more than a <i>yes</i> or <i>no</i> answer: "What was your favorite part of the story?"	8 Plan a screen-free evening. Read or play games instead. Serve a nutritious snack.	9 Help your child make puppets by drawing faces on the bottom flaps of small paper bags.
10 Go on a reading picnic with your child. Take some books, a snack and a blanket to sit on.	11 Make it a point to use five new words during dinner tonight.	12 Talk about a familiar place and ask your child which direction it is from your home: <i>north, south, east or west.</i>	13 Have your child give you examples of a complete sentence, an incomplete sentence and a run-on sentence.	14 Remind your child not to share any personal information when she is online.	15 Read three poems with your child today.	16 Spend some time gardening with your child. Pull weeds, spread mulch, plant flowers outside. Or pot plants indoors.
17 Spend at least 30 minutes reading together today. Let your child pick the book you will read.	18 Give family members marshmallows and toothpicks. See who can build the tallest tower.	19 Have your child hold his nose while he eats. Does it affect the taste of the food?	20 At dinner, have each family member say something nice about every person at the table.	21 Does your child know why the sky is blue? If not, go online to research the answer.	22 Show your child a recipe. Have her rewrite the amount of each ingredient to double the recipe or cut it in half.	23 Start a list of places you'd like to visit. Have your child do research to obtain information about these places.
24 Play a game of tic-tac-toe with your child.	25 Ask the school about dates for year-end tests. Make sure your child gets enough sleep the night before each test.	26 Remind your child that you enjoy his company, and let him know you love him.	27 Create a family joke book. Write one or two jokes per page. Staple the pages together.	28 Encourage your child to draw a self-portrait.	29 Ask your child, "What do you look forward to when you wake up in the morning?"	30 Look for a television program on science or history. Watch it with your child.
31 Practice origami with your child.						